



OUTLINE

First Steps in being Self unLimited

Version 1.0

Here is an outline of the main parts of this eLearning program made up of 17 lessons.

This curated set of lessons addresses the first steps a person takes in learning to be Self unLimited. The related program, '**Becoming Self unLimited**' contains a full set of lessons. There's an easy upgrade path from 'First Steps' to 'Becoming' without the need to repeat lessons already completed.

LEARNING JOURNEY START

How this learning program works

An explanation about the design, structure and contents of this program, and how to get setup for learning at your own pace.

1. INTRODUCTION TO SELF UNLIMITED

1.1 Founder's story and essential mindsets for being Self unLimited

An introduction to Founder Helen Palmer and her story that was the genesis for Self unLimited. An introduction to three essential mindsets for being Self unLimited.

1.2 Workscapes in being Self unLimited

An introduction to the new concept of Workspace, and explanation of the different workscapes that exist across a whole life-time.

1.3 Four Scenarios in being Self unLimited

An introduction to the four Scenarios that offer fresh thinking about the relationship you have with work, beyond traditional notions of employed or self employed. An invitation to choose a Scenario for your workscape.

1.4 Seven Responsibilities of being Self unLimited

An introduction to the seven Responsibilities you adopt as the substance of being Self unLimited. These are a framework for exploring the new ways of thinking about work and new ways of working.

1.5 The changing nature of work

A perspective of how the future of work is shaping up and a challenge for how you choose to respond.

1.6 My learning pathway for First Steps

An introduction to potential Journeys to use as a reference point for your self-directed learning. An explanation of the learning pathway pre-defined for this learning program.

2. REIGN RESPONSIBILITY

2.1 Introduction to Reign Responsibility

An exploration of the Reign Responsibility including the intentions and questions to explore as you shape up the Reign for your workscape.

2.2 What is My commitment to being Self unLimited? Take the Reins Declaration*

The first activity-based lesson that initiates your Reign as Sovereign of your workscape. You define the high-level intentions that will influence all other choices for your workscape.

OUTLINE — contd.

2. REIGN RESPONSIBILITY — CONTD.

2.4.1 What values are important to me for my workscape? My Critical Values

In this activity-based lesson, you define your personal set of critical values to use as a reference point for important choices in your workscape.

3. RULES RESPONSIBILITY

3.1 Introduction to Rules Responsibility

An exploration of the Rules Responsibility including the intentions and questions to explore as you shape up the Rules for your workscape.

3.2 What guidelines help me work well with others? User Guide to Working with Me

In this activity-based lesson, you imagine yourself as having with a user manual, and define a set of guidelines that can inform others of your preferences and style of working.

4. REPUTATION RESPONSIBILITY

4.1 Introduction to Reputation Responsibility

An exploration of the Reputation Responsibility including the intentions and questions to explore as you shape up your Reputation for your workscape.

4.2.1 Who do I want to be known for? My Self Introduction

In this activity-based lesson, you prepare the information and prose to enable you to introduce yourself to people who don't know you, and shape the narrative for which you want to be known.

7. RENEWAL RESPONSIBILITY

7.1 Introduction to Renewal Responsibility

An exploration of the Renewal Responsibility including the intentions and questions to explore as you shape up the Renewal activity for your workscape.

7.2 How will I intentionally learn, grow and renew myself? Professional Enrichment Planning

In this activity-based lesson, you explore fresh learning possibilities and prepare a plan of learning activity to follow in a defined time period.

8. REVENUE RESPONSIBILITY

8.1 Introduction to Revenue Responsibility

An exploration of the Revenue Responsibility including the intentions and questions to explore as you shape up the Revenue and value creation activity for your workscape.

8.2.1 What value do I want to contribute and to create in my workscape? Value Exchange Ledger

In this activity-based lesson, you explore the concept of value and form a perspective of your value-based activity. You learn a simple way to revisit this perspective repeatedly for different key decisions in your workscape.

LEARNING JOURNEY END

An end to this learning program

A momentary pause in your learning activity to bring this particular learning opportunity to a close with a Certificate to collect and next steps to consider.

Upgrade Path

When you are ready for more learning activity, upgrade to 'Becoming Self unLimited'. By keeping the same lesson numbers in all our eLearning programs, we make it easy for you to know which lessons you have already completed. There is a special price for people taking the upgrade path.